

## HERITAGE, HEALTH & HOSPITALS A HISTORY OF IDEAS

As with so many aspects of our lives, healthcare changed radically as a result of the Industrial Revolution and the Enlightenment. Some changes were of immense value, but others had unfortunate consequences.

ASCHB2024 turns the microscope onto healthcare and the historic environment, examining the impacts of science and fashion on hospitals and other healthcare settings, and asking: what are we doing right, and where have we gone off the rails? How can we extract the best ideas from the whole history of healthcare in the built environment, to construct a better and healthier future?



Thursday 18 April GLAZIER'S HALL LONDON

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#### **18 APRIL 2024** GLAZIERS HALL LONDON SE1 9DD

Registration from 8:30AM. The day begins at 9:15 with a welcome from ASCHB Chair Sherry Bates, and after the Endnote and the always-illuminating ASCHB Plenary the day will be closed by our President Michael Beare at 17:00. Morning and afternoon tea and lunch are included.

The day is divided into three broad themes: past, present and future, and as you'll see below our invited speakers are all wonderful. We look forward to seeing you at Glazier's Hall on the 18th April!

#### Part 1 KNOWLEDGE FROM THE PAST

#### 1. Jelena Bekvalec, Curator of Human Osteology at the Museum of London

What we really know about health in the past: "Cancer, diabetes, dementia.. We think of these diseases as scourges of modern industrial living, but have they always existed undetected in humans? Do we have genetic predispositions to such conditions? The archive of human skeletal remains at the Museum of London provides a large bank of evidence to investigate how far some of these diseases go back in time."

#### 2. Dr Michael Carter, Senior Properties Historian at English Heritage

Medieval Monasteries and public health: "How different things were in earlier centuries when life, according to the old adage, was "nasty, brutish and short". But despite what Blackadder, Monty Python and countless History Channel documentaries would have you believe, our medieval ancestors weren't stupid. Nor were they entirely helpless in the face of illness and disease. As was so often the case, monasteries were at the forefront, providing both physical and spiritual healing."

**3.** India Wright, University of Cambridge doctoral candidate and Trustee of the Construction History Society Spas and health: "We know much about the major spas at Bath and Tunbridge Wells which catered for the wealthy elite, but what of the lesser spas which sprang up in the late seventeenth century to be frequented by ordinary people?... [what do their structures] divulge of the health and social rituals of the time?"

### 4. Dr Clare Hickman, Senior lecturer in history at Newcastle University and author of *The Doctor's Garden: Medicine, Science, and Horticulture in Britain*

Health care and gardens in the 19th century and beyond: "As Britain grew into an ever-expanding empire during the late 18th and early 19th centuries, new and exotic botanical specimens began to arrive within the nation's public and private spaces. Gardens became sites not just of leisure, sport, and aesthetic enjoyment, but also of scientific inquiry and knowledge dissemination."

#### 5. Dr Robyn Pender, director at Whethergauge

How ideas of comfort and health have changed across history: "Our thermoregulatory systems become moribund if they are not exercised... In other words, the more we live and work in tightly controlled thermal conditions, the more apt we are to feel uncomfortable; or worse, to suffer serious health problems from exposure to very hot or very cold conditions."

#### Part 2 WHAT WE ARE DOING NOW: CASE STUDIES

#### 6. Will Palin, CEO of Barts Heritage Trust

Waking a Sleeping Giant: The Rescue and Repair of the North Wing at St Bartholomew's Hospital: "The North Wing with the Great Hall and Hogarth Stair, and the Henry VIII Gate, are among the most important, yet largely unrecognised, buildings in the City of London, and... the project to return them to their former glory [allows] everyone to see and understand their importance in the life of the oldest hospital in Britain."

#### 7. Fiona Lamb, Director at Avanti Architects

Finsbury Health Centre: "Avanti is thrilled to finally be undertaking the next phase of conservation work at Finsbury Health Centre, a project we started over 25 years ago. The phased works... will help secure this deeply loved resource for its local community."

#### 8. Kirstin Ziemer, Senior Medical Planner at HOK

The importance of the landscape at the new Royal Papworth Hospital: *The park-like setting on the Cambridge Biomedical Campus features green spaces organised around a duck pond (a cherished feature from the old location) that provides patients, family and staff a link to nature that aids in the healing process.* 

#### 9. Siobhan Wyatt, Director of Property at Maggie's Centres

Maggie's Centres: The Maggie's Centres are a network of drop-in centres located near existing hospitals in the UK and Hong Kong, founded by the late Maggie Keswick Jencks, who died of cancer in 1995. Like her husband, architectural writer and critic Charles Jencks, she believed in the ability of buildings to uplift people.

#### Part 3 WHAT DO WE NEED TO CHANGE FOR THE FUTURE?

#### 10. ENDNOTE: C Alan Short, Professor of Architecture at Cambridge University and President of Clare Hall

Alan Short is the author of *The Recovery of Natural Environments in Architecture*. He argues peruasively that architects must look at how their predecessors designed for a wide range of climatic conditions before the invention of 'artificial weather'. His extensive research on historic naturally ventilated buildings aims to re-establish a common thread of learning that was abruptly cut by Willis Carrier's application of mechanical air conditioning in the early 20th century.

Alan and his team have a long background in investigating the links between buildings and health, and leads the UK AHRC project 'Excising Infection in Surgical Environments', which focused on the design of operating theatres. His research group has produced a film of its work on the NHS Estate, 'Robust Hospitals in a Changing Climate', which won the tv/e Global Sustainability Film Award 2013 at the BAFTA. During the COVID-19 pandemic, Alan worked as part of a small team on 'Making Emergency Hospitals Safer', and sat on the SAGE-EMG group advising DCMS on the reopening of theatres (of the non-medical kind!). He also co-authored a report on UK infrastructure's resilience to infection that was published by the National Engineering Policy Centre (NEPC). The risk of airborne cross-infection is now taken much more seriously.

Alan was appointed to administer and monitor the NHS Energy Efficiency Fund 2013-14 with the Professor of Sustainable Engineering Peter Guthrie, reporting to the Under Secretary of State for Health, and his team has redrafted the guidance on energy efficiency for the NHS.

#### PLENARY: Weaving old and new into a better future for health

Given the wealth of information we have shared over the course of the day, and our own professional knowledge, of where the problems and the opportunities lie, how can we continue to integrate the deep knowledge from heritage with modern medical practice and construction? Our speakers share the stage to discuss these questions with each other and the audience.

# ASCHB2024



#### HERITAGE, HEALTH & HOSPITALS A HISTORY OF IDEAS THURSDAY 18 APRIL 2022 Glazier's Hall 9 Montague Close

London SE1 9DD

#### **BOOKING FORM**

The conference fee is £150 per person for ASCHB members, £200 for non-members, and includes lunch as well as morning and afternoon tea.

TO GIVE US TIME TO CONFIRM CATERING, PLEASE REGISTER BEFORE 5 APRIL 2020

Electronic forms (including bank-transfer payment details) can be downloaded from <u>www.aschb.org.uk/aschb-conferences</u>, and emailed to <information@aschb.org.uk>. You can also both register and pay online at <u>https://aschb24conference.</u> <u>eventbrite.co.uk/</u> (please note that Eventbrite do charge a fee).

If you would prefer to pay by cheque, or to register by mail, please fill in this form and return it to the Conference Administrator at the address below. If you are filling in the form by hand, please do use block capitals so that we can transcribe it correctly.

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#### CONFERENCE PAYMENT

□ I have paid by electronic transfer payment: □ £150 ASCHB member rate □ I am a member of ASCHB Date:.... Payment Ref:..... □ £200 Non-member rate (please include the code CF24 and YOUR SURNAME) If you are working in fields related to the historic environment Electronic payments may be made to: and would like to join ASCHB, you can register at the conference and your first year's membership will be included. Sort code: 09-01-55 Account Number: 17910004 A small number of concessions are available for full-time Account name: THE ASSOC FOR STUDIES IN THE CONSERVATION OF students: please contact <information@aschb.org.uk> in advance HISTORIC BUILDINGS to confirm availability. Santander UK Plc □ £100 Full-time student 2 Triton Square, Regent's Place, London NW1 3AN □ copy of student ID attached For overseas electronic payments: BIC: ABBYGB2LXXX IBAN: GB26ABBY09015517910004 □ I enclose a cheque (made payable to ASCHB) OTHER INFORMATION □ I will require a CPD certificate □ I have special dietary requirements as follows: ..... Signed: ..... Date: .....

To receive by email a confirmation, a receipt, and further details of the day's programme and registration procedures, be sure to include your e-mail address above. To receive this information in hard copy, please include a stamped self-addressed envelope with your completed booking form.

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